

Healthy mental development in the first five years

Iowa's 1st Five Healthy Mental Development Initiative (HMDI)

Overview

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1st Five HMDI: Presentation Outline

Healthy mental development in the first five years

- 1st Five History
- 1st Five's Connection to Title V MCAH
 - 1st Five Regionalized Service Areas
 - Historical Maps
 - Local Sites & Current Map
- 1st Five Program Model of Implementation
- What to know/remember



1st Five HMDI: History

Healthy mental development in the first five years

- Began as the ABCD II Project, 2004-2006 (evidence informed)
 - grant funded by the Commonwealth Fund and administered by the National Academy for State Health Policy
- Focus on public-private partnerships
 - local child health agencies & primary care providers
- Aimed to increase use of developmental surveillance **at well-child exams** for children birth to age five
- Also included referral & follow up to local child health agency
- Prevent the need for more intensive and expensive care at a later age (prevention)

1st Five HMDI: History

Healthy mental development in the first five years

- ABCD II Lessons & Take-Aways
 - The primary care practice/provider is where to start
 - Parents and caregivers view health care providers as a credible source of information
 - In Iowa, 90.7% of parents take their child to the doctor before age 5, making this a nearly universal access point (population health)
 - Standardized surveillance makes a difference
 - Iowa's Child Health & Development Record (CHDR) was developed and promoted during this time
 - 9, 12, 18, 24/30 month screening timeline established
 - Policy change initiative enacted: allow providers to bill for screening on same day as well-child visits (system initiative)
 - **Providers** need a one-call referral source
 - **Must have a way to address identified concerns**
 - Value in identification of community-based intervention services
 - Good relationships pave the way to good service
 - 1st Five is a child-find service for many community organizations that provide direct service to families in need

1st Five HMDI: History

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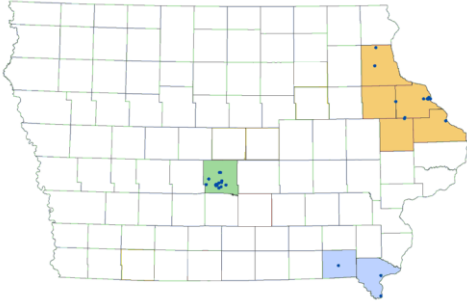
- **Developmental Screening**

- Nationally, 71% of pediatricians used only observation
 - observation only identified 30% of young children with disabilities
 - only 1 in 6 children with a developmental concern were identified before starting school
- 1st Five promotes standardized validated reliable screening tools such as – Ages and Stages Questionnaire (ASQ), ASQ: Social Emotional (ASQ:SE), Modified Checklist for Autism in Toddlers (MCHAT)
- At intervals recommended by the American Academy of Pediatrics and following Iowa's EPSDT Periodicity Schedule

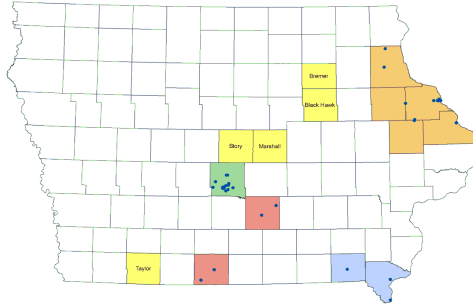


1st Five HMDI: History

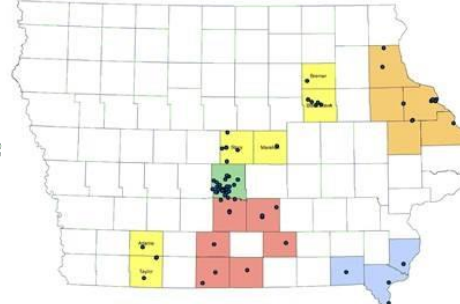
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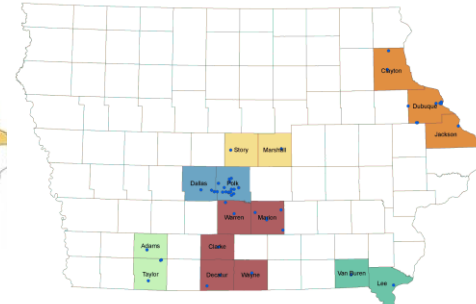
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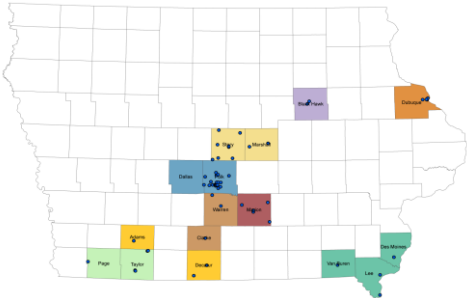
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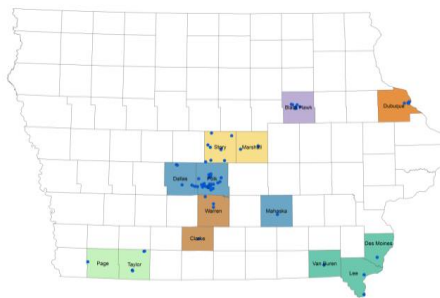
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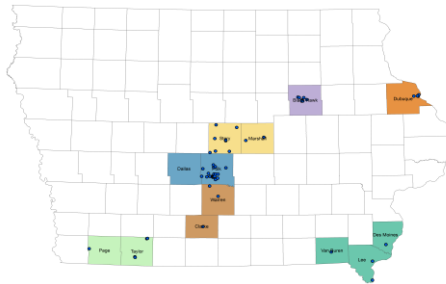
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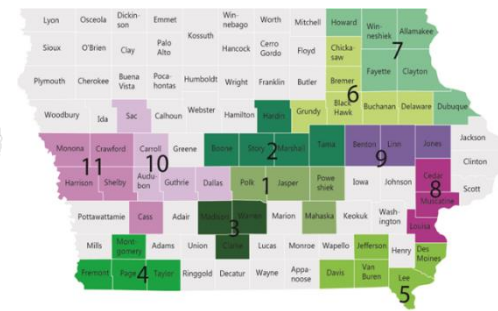
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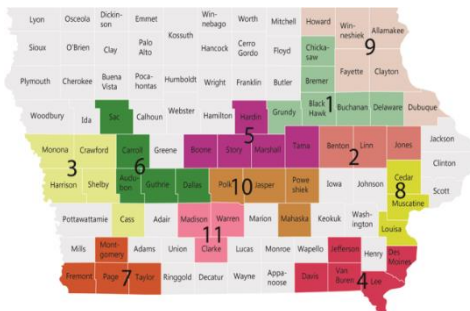
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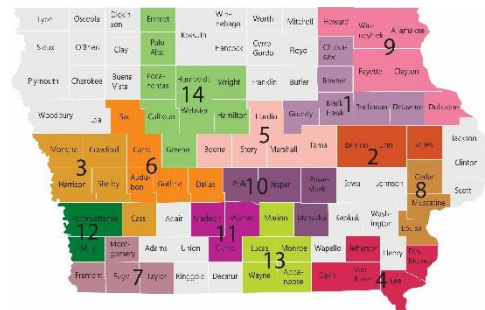
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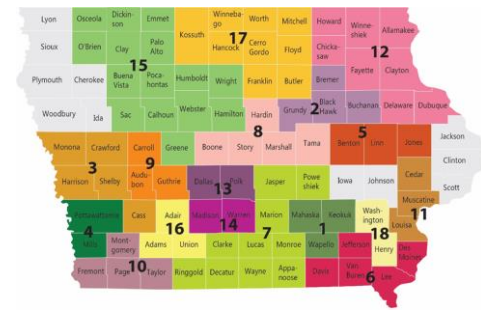
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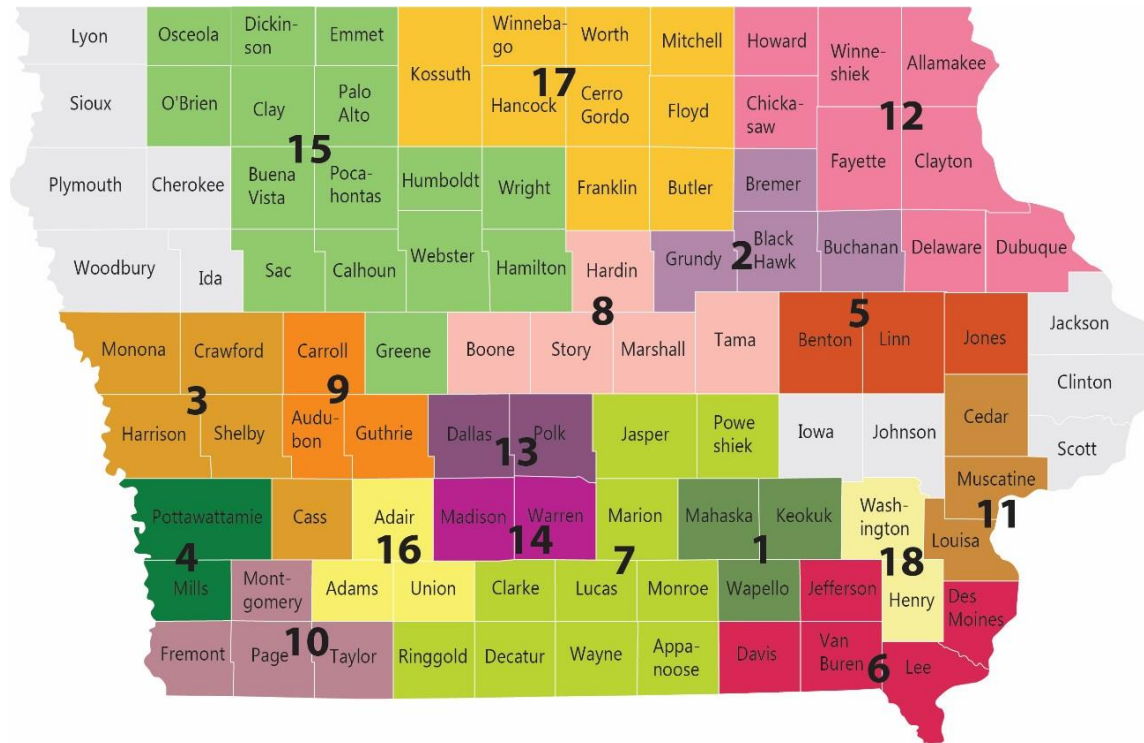
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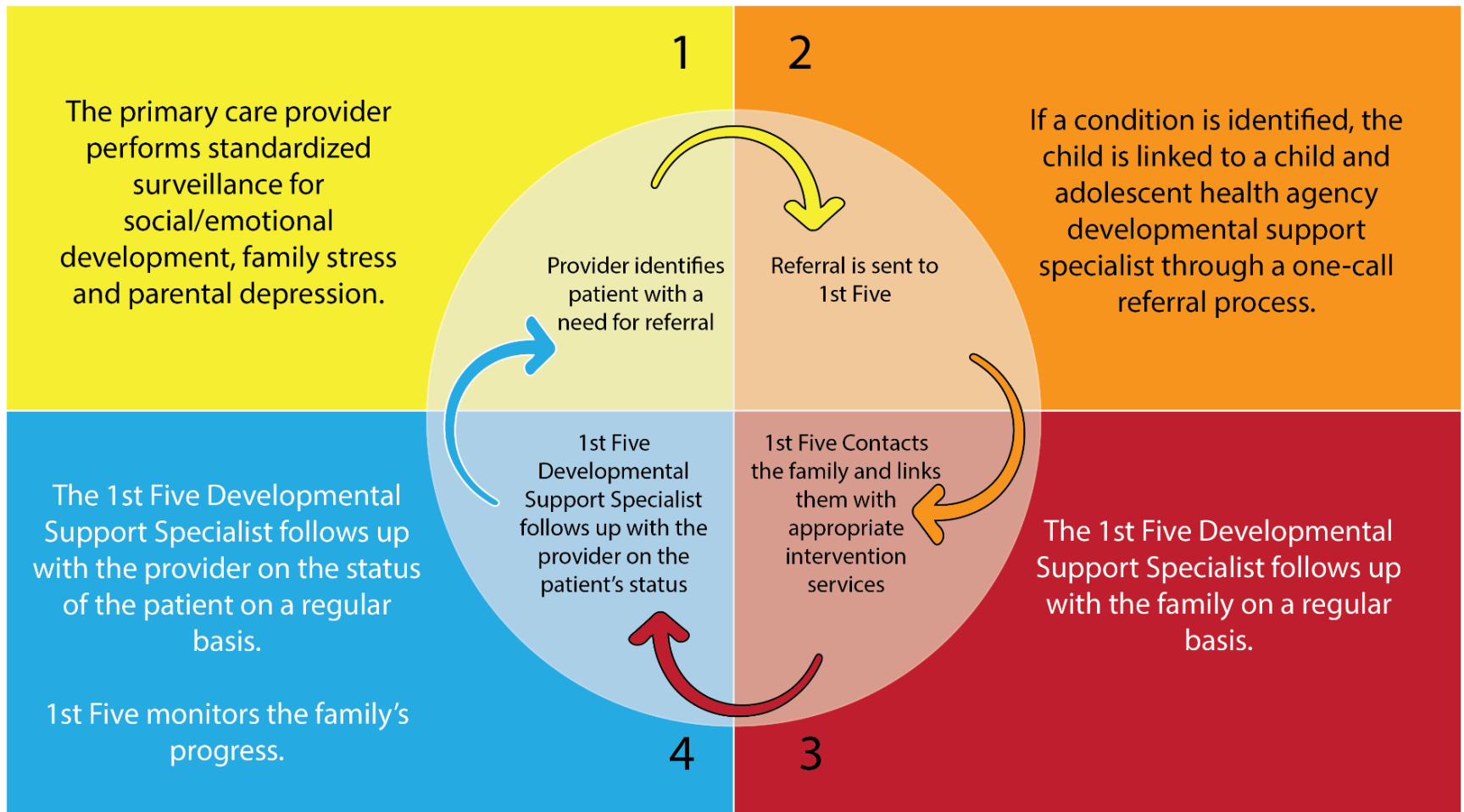
1st Five HMDI: Connection to Title V MCAH Agencies



1. American Home Finding Association
2. Black Hawk County Health Department
3. Crawford County Home Health, Hospice & PH
4. FAMILY, Inc.
5. Hawkeye Area Community Action Program, Inc.
6. Lee County Health Department
7. Marion County Public Health
8. Mid-Iowa Community Action, Inc.
9. New Opportunities, Inc.
10. Taylor County Public Health
11. Trinity Muscatine Public Health
12. Visiting Nurse Association of Dubuque
13. Visiting Nurse Services of Iowa
14. Warren County Health Services
15. Webster County Health Department
16. MATURA Action Corporation
17. North Iowa Community Action Organization
18. Washington County Public Health & Home Care

1st Five HMDI: Program Model of Implementation

Healthy mental development in the first five years



1st Five HMDI: Program Model of Implementation

Healthy mental development in the first five years

- Early Intervention & Evaluation Services
- Developmental Delay
- Speech Therapy
- Occupational Therapy
- Physical Therapy
- Financial Stress
- Family/Relationship Stress
- Domestic Abuse
- Child Care
- Head Start & Preschool
- Family Support Services
- Housing Resources
- Maternal/Caregiver Depression
- Mental Health Issues
- Behavior Issues
- Parent Education Programs
- Food Assistance
- Family Planning
- Medicaid/Dental/ **hawk-i** Insurance Needs
- Substance Abuse
- Transportation Concerns



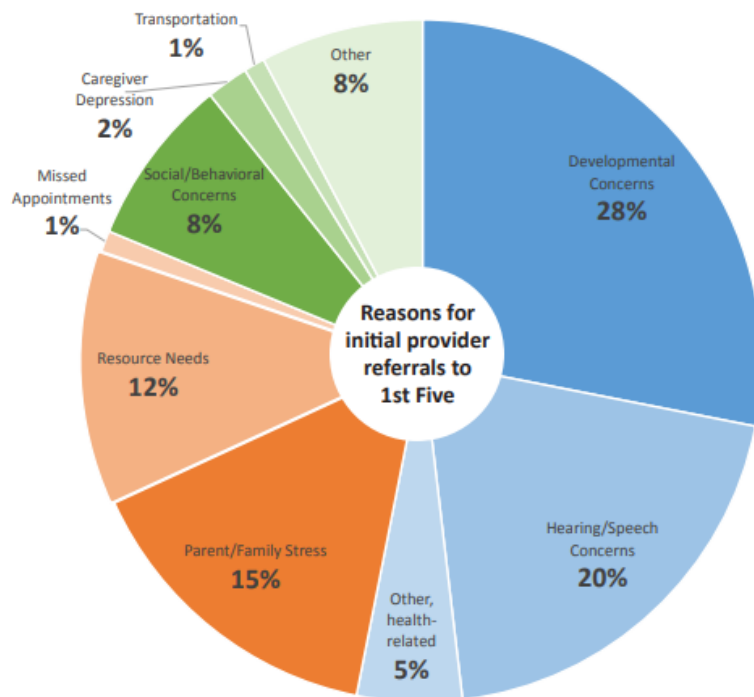
1st Five HMDI: Other Grantees

Independent Evaluation: Child & Family Policy Center

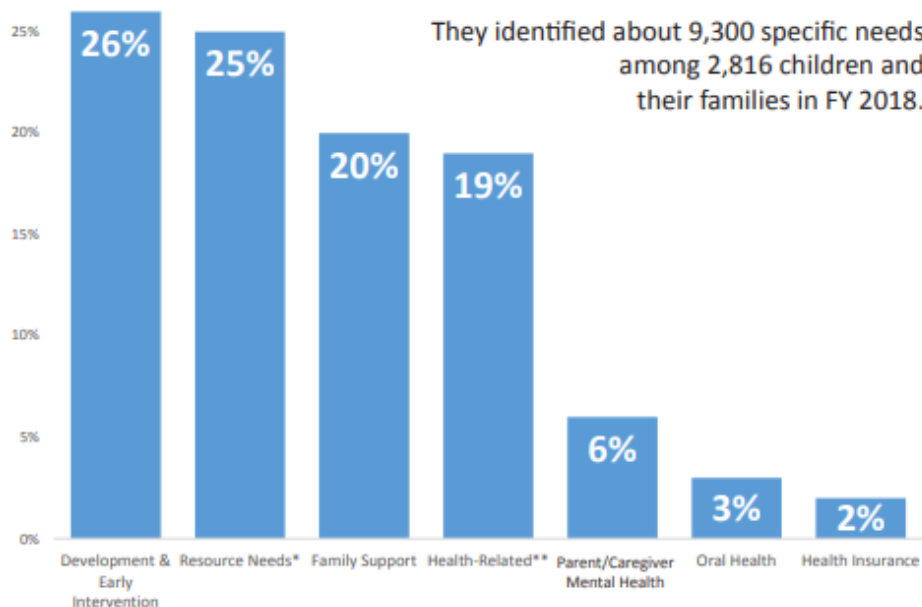
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Data snapshot

1st Five helps health providers address a wide array of family needs



After receiving referrals from health providers, 1st Five workers further assess families' needs.



*Resource-need referrals are for supports such as food, transportation, housing, child care/preschool, energy and baby supplies.

**Health-related referrals are for services such as lead screening, vision, immunizations, hearing assessments, nutrition and access to care.



1st Five HMDI: Other Grantees

Independent Evaluation: Child & Family Policy Center

Healthy mental development in the first five years

“I’m learning a lot more about patients than I have ever known before. I’m so glad we’re doing this, and it actually saves us time.”

~ Dr. Rhonda Enserro, Walnut Creek Pediatrics, Des Moines

“This is like a dream come true, we have needed something like this for a long time.”

~ Becky, Midwife, Knoxville Area Community Health Clinic, Knoxville

“Many times it takes that extra person to ensure a referral gets completed.”

~ Nurse, Primary Health Care, Marshalltown



1st Five HMDI: Questions

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- What important things do you think people notice/remember about 1st Five Services? What do they see?
- What important things about 1st Five are less visible? What do people forget about?



1st Five HMDI: Questions

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QUESTIONS?



1st Five HMDI: STATE STAFF CONTACT INFORMATION

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